



## Media Release

*For immediate release*

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### **Province Expands Safe at Home Manitoba Programming**

*Winnipeg, MB – February 23, 2021*

“As a community mental health and addictions agency, Sara Riel is very pleased to be supported by the Province of Manitoba and the Stay at Home program. Manitobans are to be commended for their efforts in keeping each other safe, yet we recognize isolation leads to increased restlessness. Sara Riel is committed to providing wellness supports through video and virtual mini-moments. We thank Minister Cox for her commitment to partnering with us as we bring tools, techniques and wellness tips to reduce the stress during these challenging times.”

– Tara Brosseau Snider, Executive Director, Sara Riel Inc.

Manitoba News Release:

<https://news.gov.mb.ca/news/index.html?item=50858&posted=2021-02-22>

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For media contact, and to arrange interviews, please call

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